



## COACH TRAINING AND DEVELOPMENT

The then Canadian Amateur Hockey Association (CAHA) first began delivering hockey coaching program clinics in 1972 with the inception of the NCCP. Before that time, various groups had offered other types of hockey coaching courses across the country. The NCCP represented a combined effort on the part of the twelve branches and the newly formed Hockey Development Council of the CAHA to develop a national program that would be available to all hockey coaches across Canada.

In 1979, the CAHA conducted an evaluation of the program. Although the results of this evaluation were primarily positive, coaches did express a desire to have the program content directed more specifically to their needs. While the NCCP had originally been designed to provide an educational program for hockey coaches at all levels, it was apparent that one program could not adequately address the diverse needs of all coaches. It was time to structure parallel programs for coaches in the various streams (Initiation, Recreational, Competitive and Program of Excellence) hockey.

In 1982, the CAHA embarked on a revision of the NCCP. At the same time, it was recognized by the CAHA that this would be an opportune time to consider amalgamating with the NCCP that was coordinated by the CAC, which had been offering "Theory of Coaching" courses since 1974. The revision and amalgamation resulted in the creation of the National Coaching Certification Program for hockey coaches in the Recreational and Competitive streams.

In October 1996, the CAHA merged with Hockey Canada to form the Canadian Hockey Association. Although this merger did not directly affect the delivery of the Coaching program it was an important marriage of philosophies (development vs. high performance) in the Canadian hockey spectrum.

Over the last 5 years Hockey Canada has undertaken a re-design of the National Coaching Certification Program (NCCP). The new program, rolled out in the fall of 2004, is aimed at delivering educational activities to coaches that allows them to have a more meaningful, positive impact on the players they coach. Coaches participating in the new program, who are familiar with the current NCCP, will see several key changes to the program.

### DEFINING THE STREAM OF COACHING

There are essentially three (3) streams of players in Canada. These players can be categorized as being at the Recreational Level, the Development Level or the High Performance Level. These could also be referred to as Training to Train, Training to Compete and Training to Win - as outlined by Istevan Bayli. To best serve the player in the Athlete Centred Model it is absolutely vital that the streams of coaching match the streams of an athlete's development.



The new certification/education model gives the coaches the flexibility to enter the program at any level of play and find the coaching certification program appropriate for the athletes they are coaching. Coaches will also be able to easily move from Stream to Stream if they desire to work with athletes in a different stream.



## NCCP COACH EDUCATION SUMMARY - *As delivered by the OMHA*

| NCCP CERTIFICATION  | CHIP (INITIATION)<br>6 hours  | COACH STREAM<br>8 hours  | DEVELOPMENT 1<br>16 hours   | DEVELOPMENT 2<br>16 hours   |
|---|---|--|---|---|
| LEVEL OF ATHLETES   | Below Novice<br>(Initiation / Tyke)<br>HL / LL / Select up to Atom  | HL/LL/ Select<br>Atom & above<br><br>Rep Level<br>Novice & Atom  | Peewee & above<br><br>All Rep Level teams*<br>(* with exception of Midget<br>AAA)   |   |
| AGE OF ATHLETES   | 5-7 years<br>5-10 years   | 8-9 and above  | 12 and above  | 12 and above  |
| COURSE CONTENT  | <ul style="list-style-type: none"> <li>• Leadership</li> <li>• Communication</li> <li>• Skills Analysis</li> <li>• Teaching Skills</li> <li>• Lesson Organization</li> <li>• Risk Management</li> </ul> | <ul style="list-style-type: none"> <li>• Leadership</li> <li>• Communication</li> <li>• Practice Planning</li> <li>• Role of the Coach</li> <li>• Teaching Progressions</li> <li>• Teaching Checking</li> <li>• Game Day Preparations</li> </ul> | <ul style="list-style-type: none"> <li>• Leadership</li> <li>• Communication</li> <li>• Drill Design</li> <li>• Introductory Tactics</li> <li>• Drill Progressions</li> <li>• Teaching Checking</li> <li>• Athletic Skills</li> <li>• Instructing Goaltenders</li> <li>• Seasonal Planning</li> </ul> | <ul style="list-style-type: none"> <li>• Mental Preparation</li> <li>• Physical Preparation &amp; Off-Ice Training</li> <li>• Ethical Decision-Making</li> <li>• Team Tactics</li> <li>• Defensive Team Play</li> <li>• Offensive Team Play</li> <li>• Special Teams</li> <li>• Game Analysis</li> <li>• Seasonal Planning</li> </ul> |
| STANDARD AT COURSE COMPLETION                             | CHIP Certified  | NCCP Rec Coach Certified   | NCCP Development 1 Certified  | NCCP Development 2 'Qualified'  |
| REGULATION & CERTIFICATION/ COURSE COMPLETION REQUIREMENT | OMHA Policy - 2.3(e)<br><br>Ensures all on-ice personnel in leadership positions in Novice and below complete the CHIP clinic.  | OMHA Regulation 6.2<br><br>All Coaches are Coach Stream Certified to be carded to a team.  | OMHA Regulation 6.2<br><br>Must be certified at Development 1 to be carded to a team.   | D1 Certified & completion prerequisite for entry into Development 2.  |



## OMHA COACHING CERTIFICATION REQUIREMENTS

All NCCP certifications listed are the MINIMUM REQUIREMENT.

| DIVISION                          | HL / LL / SELECT             |                              | REP LEVEL                    |                          |
|-----------------------------------|------------------------------|------------------------------|------------------------------|--------------------------|
|                                   | Certified prior to 2004-2005 | 2006-2007                    | Certified prior to 2004-2005 | 2006-2007                |
| BELOW NOVICE<br>(INITIATION/TYKE) | CHIP ONLY                    | CHIP ONLY                    | N/A                          | N/A                      |
| NOVICE                            | CHIP ONLY                    | <b>CHIP ONLY</b>             | NCCP Coach Level             | <b>NCCP Coach Stream</b> |
| MINOR ATOM/<br>ATOM               | CHIP or<br>NCCP Coach Level  | CHIP or<br>NCCP Coach Stream | NCCP Coach Level             | <b>NCCP Coach Stream</b> |
| MINOR PEE WEE/<br>PEE WEE         | NCCP Coach Level             | NCCP Coach Stream            | NCCP Coach Level             | NCCP Development 1       |
| MINOR BANTAM/<br>BANTAM           | NCCP Coach Level             | NCCP Coach Stream            | NCCP Coach Level             | NCCP Development 1       |
| MINOR MIDGET/<br>MIDGET           | NCCP Coach Level             | NCCP Coach Stream            | NCCP Coach Level             | NCCP Development 1       |
| JUVENILE                          | NCCP Coach Level             | NCCP Coach Stream            | NCCP Coach Level             | NCCP Development 1       |

### NOTES:

1. All Certifications must be registered with the OMHA
2. All Team Officials are required to hold PRS (Speak Out!) certification





## RECAP OF CERTIFICATION COMPARING THE OLD SYSTEM TO THE NEW

|              |                                |  |
|--------------|--------------------------------|--|
| COACH STREAM | <b>NEW!</b>                    | All House League/Local League<br>Rep Level – Novice & Atom |
| COACH LEVEL  | <b>NCCP DEVELOPMENT 1</b>      | Rep Level – Peewee and up                                  |
| INTERMEDIATE | <b>NCCP DEVELOPMENT 2</b>      | Rep Level – Peewee and up                                  |
| ADVANCED 1   | <b>NCCP HIGH PERFORMANCE 1</b> | Coaches coaching Junior, University                        |
| ADVANCED 2   | <b>NCCP HIGH PERFORMANCE 2</b> | Coaches coaching Junior, University                        |

## MOVEMENT FROM THE OLD SYSTEM TO THE NEW

| OLD SYSTEM            | OPTIONS / REVISED NCCP  |
|-----------------------|---|
| <b>COACH LEVEL</b>    | <ol style="list-style-type: none"> <li>Coach can RENEW certification by attending a Coach Refresher Clinic and will be updated into the new system with an NCCP Development 1 (D1) number.</li> <li>Coach can UPGRADE their certification and attend an NCCP Development 2 (D2) clinic. Participant will need to complete NCCP Development 1 (D1) Post Task Coach Workbook assignment for entry into D2 clinic.</li> </ol>  |
| <b>INTERMEDIATE</b>   | <ol style="list-style-type: none"> <li>Currently there is no expiration date on Intermediate certifications.</li> <li>In 2009-2010, the OMHA will require coaches holding Intermediate certification to RENEW their qualifications through the Continuing Education Program (CEP) or Coach Refresher Clinic. Participant would be updated with NCCP Development 2 (D2) number</li> <li>Coach can UPGRADE their certification by attending an NCCP High Performance 1 (HP1) clinic (if application is accepted)</li> </ol> |
| <b>ADVANCED LEVEL</b> | <ol style="list-style-type: none"> <li>Currently there is no expiration date on NCCP Advanced level certifications.</li> <li>In 2009-2010, the OMHA will require coaches holding Advanced Level certification to refresh their qualification through some form of On-Going Education module or Refresher Clinic. NCCP Advanced Level 1 coach would be updated with HP1 number. NCCP Advanced Level 2 coach would be updated with HP2 number.</li> </ol>   |